

Creed for Optimists

— *Christian D. Larsen*

- 1) Promise yourself to be so strong that nothing can disturb your peace of mind.
- 2) Promise yourself to talk health, happiness, and prosperity to every person you meet.
- 3) Promise yourself to make all your friends feel that there is something great in them.
- 4) Promise yourself to look at the sunny side of everything and make your optimism come true.
- 5) Promise yourself to think only off the best, to work only for the best, and to expect only the best.
- 6) Promise yourself to be just as enthusiastic about the success of others as you are about your own.
- 7) Promise yourself to forget the mistakes of the past and to press on to the greater achievements of the future.
- 8) Promise yourself to wear a friendly countenance at all times and give every living creature you meet a smile.
- 9) Promise yourself to spend so much time improving yourself that you have no time left to criticize others.
- 10) Promise yourself to be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.